

SEPTEMBER 2022 ACTIVITIES AT ST AUSTELL COMMUNITY BANK

All activities are **free of charge** and will take place **face-to-face** Covid-19 restrictions permitting.

DATE	TIME	ACTIVITY	DESCRIPTION
FRIDAY 2	11:00-13:00	Community Lunches	Good food and friendly chat.
SATURDAY 3	14:00-17:00	Art and Relax	Come and create art in a relaxing environment (booking essential).
TUESDAY 6	13:30-15:30	Ukrainian Safe Space	A safe space for Ukrainian refugees to meet and chat and integrate with the local community.
WEDNESDAY 7	9:00-13:00	On the Plot!	Learn about food growing, take part in healthy outdoor activities and meet new
			people in a peaceful setting.
	14:00-16:00	START with CN4C Crafty Chat	Fun craft sessions with friendly chat.
	18:00-20:00	Cultural Community Conversations	Discuss diverse topics with confidence.
	18:30-20:00	Games Galore!	Play games and meet new people.
FRIDAY 9	11:00-13:00	Community Lunches	Good food and friendly chat.
SATURDAY 10	14:00-17:00	Art and Relax	Come and create art in a relaxing environment (booking essential).
TUESDAY 13	13:30-15:30	Ukrainian Safe Space	A safe space for Ukrainian refugees to meet and chat and integrate with the local community.
WEDNESDAY 14	9:00-13:00	On the Plot!	Learn about food growing, take part in healthy outdoor activities and meet new
			people in a peaceful setting.
	14:00-16:00	START with CN4C Crafty Chat	Fun craft sessions with friendly chat.
	18:00-20:00	Cultural Community Conversations	Discuss diverse topics with confidence.
FRIDAY 16	11:00-13:00	Community Lunches	Good food and friendly chat.
SATURDAY 17	14:00-17:00	Art and Relax	Come and create art in a relaxing environment (booking essential).
TUESDAY 20	13:30-15:30	Ukrainian Safe Space	A safe space for Ukrainian refugees to meet and chat and integrate with the local community.



DATE	TIME	ACTIVITY	DESCRIPTION
WEDNESDAY 21	9:00-13:00	On the Plot!	Learn about food growing, take part in healthy outdoor activities and meet new
			people in a peaceful setting.
	14:00-16:00	START with CN4C Crafty Chat	Fun craft sessions with friendly chat.
	18:00-20:00	Cultural Community Conversations	Discuss diverse topics with confidence.
	18:30-20:00	Games Galore!	Play games and meet new people.
FRIDAY 23	11:00-13:00	Community Lunches	Good food and friendly chat.
SATURDAY 24	14:00-17:00	Art and Relax	Come and create art in a relaxing environment (booking essential).
SUNDAY 25	13:00-15:00	Repair Cafe	Last Sunday of the month, bring along your clothes, mobile phones, small woodwork,
			and electrical items and give them a new lease of life!
TUESDAY 27	13:30-15:30	Ukrainian Safe Space	A safe space for Ukrainian refugees to meet and chat and integrate with the local
			community.
WEDNESDAY 28	9:00-13:00	On the Plot!	Learn about food growing, take part in healthy outdoor activities and meet new
			people in a peaceful setting.
	14:00-16:00	START with CN4C Crafty Chat	Fun craft sessions with friendly chat.
	18:00-20:00	Cultural Community Conversations	Discuss diverse topics with confidence.
FRIDAY 30	11:00-13:00	Community Lunches	Good food and friendly chat.

