

CAMP KERNOW



2015



Y3 /Y4 CAMP

Arrival at Pondhu - Weds 24th June

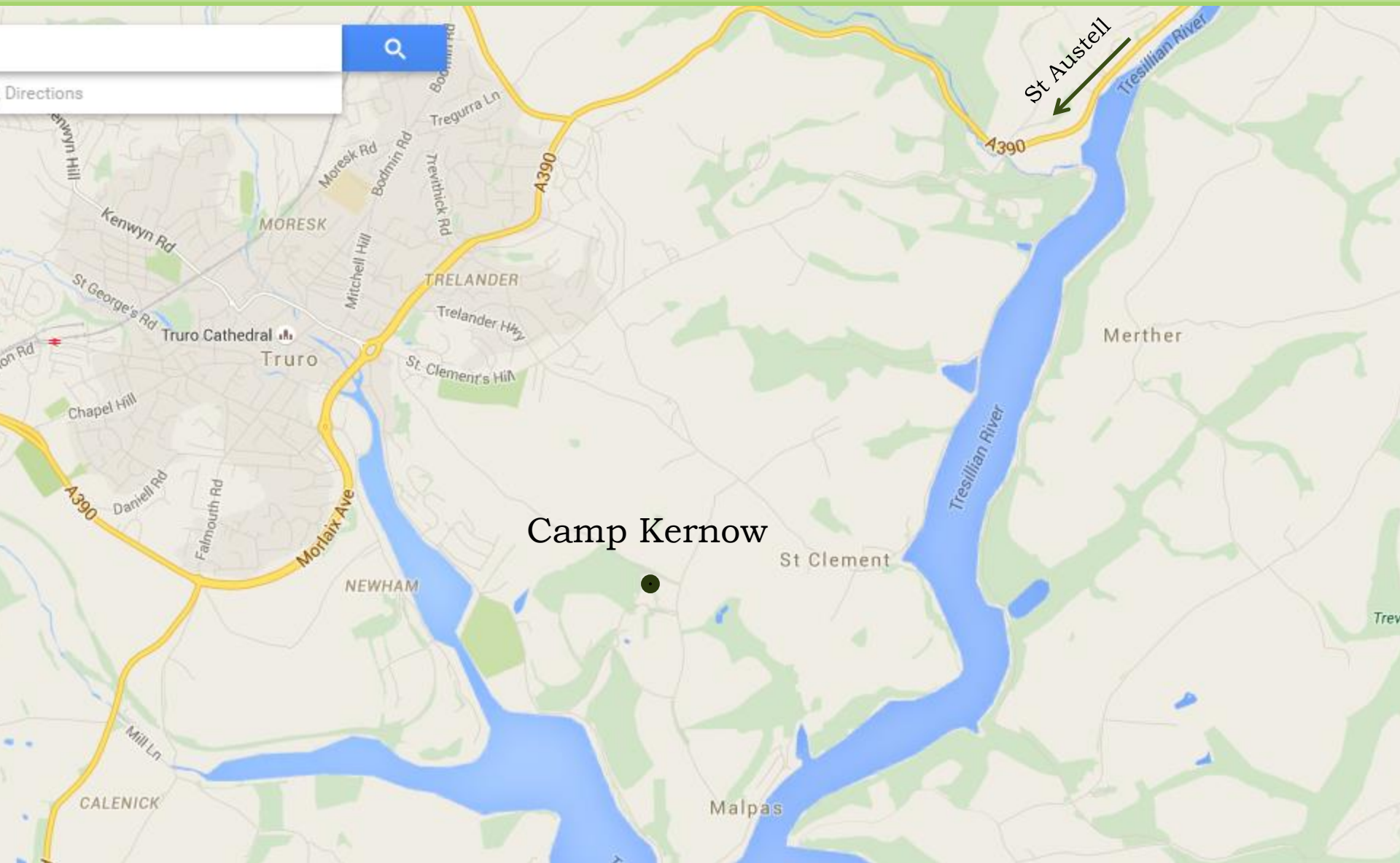
- ◆ Arrive at school at usual time - playground 8:45am
- ◆ Children should have 2 bags - a small rucksack for carrying packed lunch, waterproof clothing & wellies + a holdall for all other clothes & items + a sleeping bag & pillow case in a black bin liner
- ◆ In hall for registration at 8:55am - checking bags, sleeping bags, giving out luggage labels etc
- ◆ Contact: all staff carry mobile phones & have emergency numbers etc - children don't need a phone
- ◆ Kit list: Everything is needed! Please put sleeping bag & pillow in a separate named bin liner
- ◆ Medication: Children bring own named inhalers - they should know how & when to take them
- ◆ All other medication to K. Dawes with permission form & clear instruction on dosage
- ◆ Depart for Camp Kernow around 10:30am

Directions



Camp Kernow

St Austell



SITE PLAN



school residential

camp visits



a fully inclusive experience
from morning until night -
no extra costs or add-ons



all activities take place
right here at camp-
no need to travel
off-site





not your average
camping experience-
children
sleep in yurts, tipis,
bell tents and even
an upturned
boat hull!



a friendly, family feel
with Camp Kernow
staff on site 24/7



delicious home-cooked meals using fresh, local and organic produce



children experience off-grid living and sustainable systems in action



exclusive use of the centre - we only
host one school group at a time



Accommodation at Camp Kernow



The Boat

Inspired by the upturned boat hull sheds at Lindisfarne one was created at Camp Kernow with the help of a local boat builder. Children love the port-holes as you can see!

Accommodation at Camp Kernow



The Geodesic Dome

Designed by the American engineer Richard Buckminster Fuller in the late 40's as an ecologically efficient solution to the housing shortage.

Accommodation at Camp Kernow



The Ger

An older, more traditional style of yurt, the ger has existed for thousands of years and is still used by Mongolian nomads today.



Accommodation at Camp Kernow



The Tipi

Tipis were used mainly by Plains Indians who moved across the Great Plains following migrating herds of buffalo. This structure is perfect for warm weather as the smoke flaps can be adjusted for some natural ventilation.

Accommodation at Camp Kernow



The Bell Tent

The bell tent was adapted from the 'Sibley Tent' design by Henry Sibley, who in turn, took his inspiration from the native American Indian tipi.

Accommodation at Camp Kernow



The Yurt

The yurt differs from the ger in that its roof poles are steam bent. Charlie hand-built this yurt using a mix of Sweet Chestnut, Willow, Ash, and Hazel.

DAY 1 – Weds 24th June

11:00-11:50 Arrival & walk to camp.

11:50-12:40 Arrival and welcome briefing: Children will take a tour of camp to discover how Camp Kernow harnesses nature's energy and employs sustainable systems such as reed-beds, composting toilets and solar powered water pumps. They'll learn how everything works and have a health and safety briefing before commencing activities.

12:40-13:20 Moving in & lunch: Children will discover which structure they will be living in for the next 3 days and will have the chance to move in and make themselves at home. Children are requested to bring a packed lunch for their first day.

13:20-14:50 Wild Food Forage: We'll discover the edible treasures hidden in the hedgerows at Camp Kernow with wild food expert Marcus. When we've identified and harvested our ingredients we'll cook up a delicious wild food tortilla in the field kitchen.

14:50-15:00 Break

15:00-16:30 Climbing: An introductory session to climbing on the purpose built outdoor wall. There are a range of routes for all abilities.

16:30-17:45 Community tasks & free time: During their stay, children are members of the Camp Kernow family and must work together as a team to carry out daily activities on site including tending to the food garden, energy and resource monitoring and harvesting and the preparation of food.

DAY 1 – Weds 24th June

17:45-18:30 Dinner: Children enjoy delicious home cooked food made from ingredients harvested from our own thriving food garden or from local producers. Children are responsible for getting the food from field to fork, harvesting fruit and vegetables to be prepared by them in the field kitchen. Dinner on the first night is usually a BBQ with homemade burgers, coleslaw, salad and potato salad followed by dessert.

18:30-19:15 Community tasks & free time: A washing up team will get to work on the dishes!

19:15-21:00 Wild Wood Walk: Details are a surprise when we get there!

21:00..... Campfire circle: Hot chocolate and toasted marshmallows round the campfire- a chance to star-gaze and sing some campfire songs before bedtime.

DAY 2 – Thurs 25th June

07:00-08:15 Community tasks: Tasks in the morning include harvesting fruit from the garden e.g. strawberries for 'make your own muesli', collecting and preparing salad for sandwich fillings and carrying out energy and water checks.

08:15-09:15 Breakfast and community tasks: Breakfast includes food such as cereal, boiled/poached eggs, fruit, yoghurt, pancakes, bacon rolls or french toast.

09:15-11:30 Archery: Children will have the chance to try their hand at the ancient sport of archery - a skill used by our ancestors to source their meat pre-supermarket! They'll learn the skills and technique required to hit the target every time!

11:30-12:00 Lunch: Usually sandwiches with fillings such as egg & cress, cheese, coleslaw, ham and salad from the garden accompanied by fruit and a sweet treat.

12:00-14:15 Campfire Cooking: We'll experiment with some primitive and creative methods of lighting a fire (no matches!) and explore different types of natural fuel we can find in the woods before mixing up some dough which we'll wrap around sticks and cook on the campfire to make the campfire bread - 'bannock' Mmmmm!

DAY 2 – Thurs 25th June

14:15-16:30 Animal Tracking: While many animals are elusive and difficult to see when walking through a wood, wildlife tracking can bring the woodland to life, telling you stories of which animals have walked the path before you. We will look at the different tracks and signs of wildlife, learning simple methods of identification for different species, before following a trail of tracks to determine an animals behaviour and its interaction with the environment.

16:30-17:30 Community tasks & free time: During this time there are a range of informal activities which children can get involved with - giant bubble blowing, ball games, team challenges etc. Another team of children will be busy in the field kitchen preparing dinner.

17:30-18:30 Dinner: This might be bangers & mash or spaghetti bolognese with veggies on the side and dessert to follow.

18:45-19:45 Free time & Community tasks: These include washing up from dinner and preparing food for the following day.

19:45-21:45 Bats about bats: Get up close to some real life bats and learn more about the lifestyle and habitat of these often misunderstood creatures. We'll go for a dusk walk with bat detectors along the hedgerows and lanes to see and hear them feeding.

21:45..... Hot chocolate before bedtime.

DAY 3 – Fri 26th June

07:00-08:15 Community tasks: Tasks in the morning include harvesting fruit from the garden e.g. strawberries for 'make your own muesli', collecting and preparing salad for sandwich fillings and carrying out energy and water checks.

08:15-09:15 Breakfast and community tasks: Breakfast includes food such as cereal, boiled/poached eggs, fruit, yoghurt, pancakes, bacon rolls or french toast.

09:15-12:15 Shelter Building: We'll head over to the ancient woodland where we will design and build shelters in small groups using the natural materials of the woodland. We'll look at different structures, knots, materials and lashing techniques and finally test the structures for waterproofness!

12:15-12:45 Lunch: Usually sandwiches with fillings such as egg & cress, cheese, coleslaw, ham and salad from the garden accompanied by fruit and a sweet treat.

12:45-13:30 Team challenges: A series of challenges requiring a combination of ingenuity, communication, co-ordination and determination!

13:30-13:45 Return to departure point to load and catch the coach.

14:15 Arrive back at Pondhu

Returning home Friday 26th June

- ◆ We will leave Camp Kernow at about 1:45pm
- ◆ The school office be kept up to date with any delays in our journey - they will 'post' any changes outside the school
- ◆ We should arrive back at Pondhu at about 2:15pm
- ◆ Adults / parents collect children and bags from the Junior playground at 3:15pm as usual

And finally....

- ◆ Please could we have all money paid by Tuesday 2nd of June. Thank you.