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6<sup>th</sup> March 2015

Dear Parent/Carer,

## PARENT SUPPORT COURSES

Throughout the school year many parents have requested support regarding parenting. We are currently looking at running a Gold Standard Parenting course along with Family Services here at Pondhu. This is a fantastic opportunity and would run during the school day.

The general aims/goals of the 'Incredible Years' courses are:-

- Supporting children through the different stages of social and emotional development, building confidence and encouraging independent problem solving skills.
- Building on parent/child relationships and developing parenting skills by using a range of positive approaches.
- Support to set up effective routines and use realistic limit settings that reduce conflict in the home.

Initially we are just trying to gauge numbers. Please complete the slip below and return to the school office if you think this may be of interest to you. Thank you for your co-operation.

Yours sincerely

Miss C Hollebon Parent Support Advisor	
	nterested in the 'Incredible Years course 3-6 years.  nterested in the 'Incredible Years course 6-12 years.
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