



NEWSLETTER

Friday 7th February 2025

Good afternoon everyone,

This week, our school came together to celebrate Children's Mental Health Week! We had lots of fun activities to help raise awareness and show how important it is to take care of our feelings. The theme this year was "Know yourself, grow yourself," and children participated in activities and classroom discussions about feelings, friendship, kindness, and supporting each other. Today we also wore our own choice of clothes to celebrate 'Love yourself day'. It was a wonderful week filled with positivity, and everyone left feeling a little bit happier and more connected to their friends and teachers!

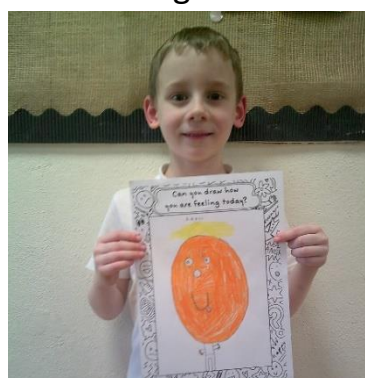
RECEPTION

Reception have been thinking about our feelings and how talking about them helps to keep our brains healthy. We have enjoyed doing some different activities. Our favourite was creating faces and talking about the emotions they are feeling.



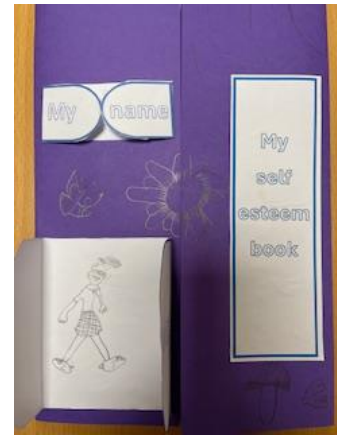
YEAR 1 AND 2

In Years 1 and 2, we have been thinking about different feelings and have drawn some pictures of ourselves showing how we were feeling at the time. We have completed some activities that encouraged us to connect with the other children in the class, have talked about ways in which we can help our minds to stay healthy and have also thought about how we can help others to feel good.



YEAR 3

Year 3 have been working on our self-esteem this week. Every child has created a booklet where we have filled it full of positive thoughts. After we decorated them, we completed our dreams and wishes, we recognised our loved ones and our friends, we identified our treasures and we completed a word wheel to describe ourselves. Each child took their own booklet home today in order to remind themselves of all of the positive things that they have in their lives.

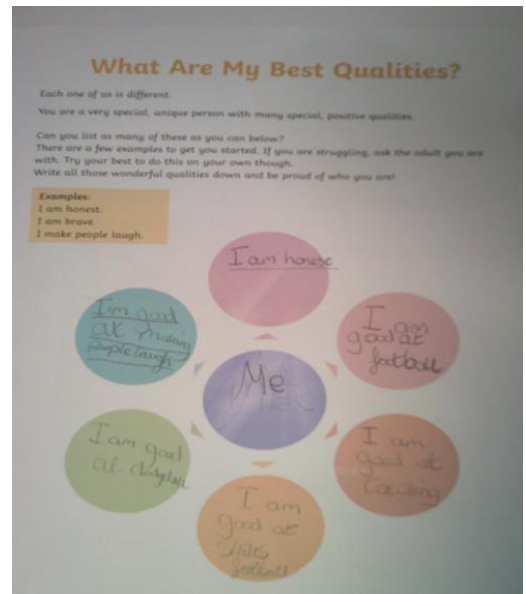


YEAR 4

This week Year 4 talked about what they are most proud of about themselves and what our best qualities were. It enabled us to realise we are all unique and special. Taking time to remember this was really helpful.

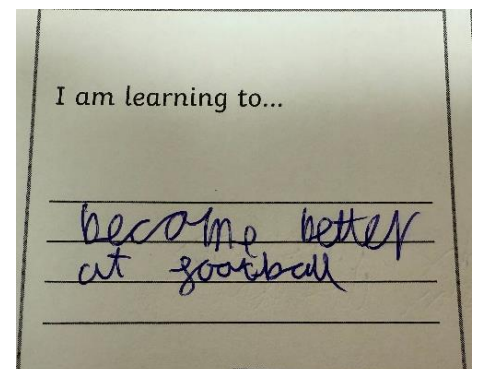
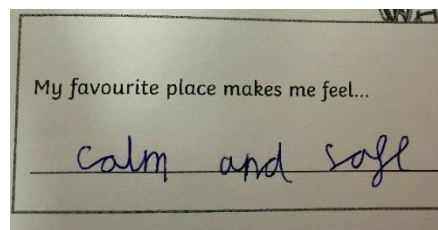
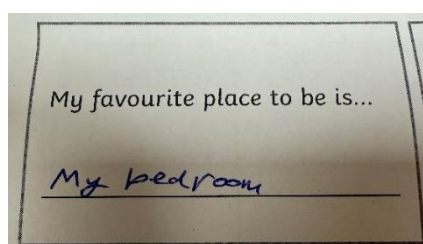
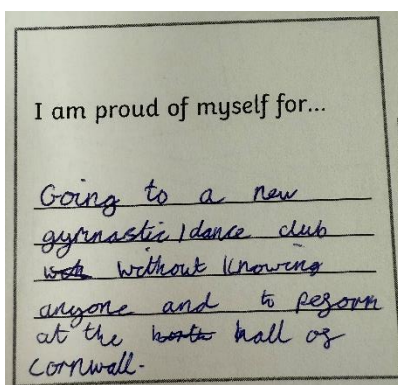
"It was fun but hard to think about my best qualities." Jesse and Conor

"I liked doing it because it made me realise I am special" Olivia



YEAR 5

We have been looking at being positive with ourselves and developing our self-esteem. We have been discussing our positive features and qualities, the things we are good at and who and what helps us to be happy.



YEAR 6

For many months now, year 6 have been using the benefits of exercise to energise minds and bodies. Every afternoon, the children have been having a short 5-10 minute movement break to add to their daily exercise and boost cardiovascular fitness. We have completed a mix of steady jogs, interval sessions and running related games, to leave mind and body refreshed and ready to continue the afternoon learning. The effects have been extremely positive for learning and mood!



YEAR 1 & 2 SPORTS ACTIVITY

On Monday, a group of year 1 and 2 children were chosen to participate in various activities at Poltair School. The children took part in a circuit that involved lots of different sports that covered fundamental skills like running, jumping, catching and balancing. They had loads of fun and immersed themselves fully into every activity station, representing Pondhu wonderfully, well done everyone.





Star Learners



The children have been fantastic this week and they have been chosen for a variety of reasons.

Reception – Bobby for showing great enthusiasm for reading.

Year 1 – Anabi for settling into her new school so well.

Year 2 – Cameron for always following the school's golden rules.

Year 3 – Noah for working really hard on his learning.

Year 4 – Jack for his contributions in lessons and his focus on his work and presentation.

Year 5 – Mukudzei for working hard and creating some great ideas for his story.

Year 6 – Liam for great enthusiasm for his work and learning.

CONGRATULATIONS everyone!

BRITISH VALUES CHAMPIONS

Reception – Charlie for showing tolerance of others

Year 1 – Alaynah for being respectful to her friends

Year 2 – Ava for being really kind and caring

Year 3 – Maisie for following the rule of law

Year 4 – Allan for always being kind and respectful of others

Year 5 – Caleb for being a great talk partner respecting the views and ideas of others

Year 6 – Lucy for always being kind and tolerant



Well done to our British values champions

ATTENDANCE

EYFS/KS1 ARIAL



WINNER – Jemison

KS2 ALFIE



WINNER – Attenborough & Franklin

Attendance this week

Montessori (R/Y1) – 92.6%

Jemison (Y1/2) – 98.3%

Attenborough (Y3) – 97.9%

Franklin (Y4) – 97.9%

Einstein (Y5) – 96.7%

Gandhi (Y6) – 89.5%

Whole School – 95.1%

Read Write Inc Virtual Classroom



Please find this week's Virtual Classroom video links in the document attached to this newsletter. These links enable children in Reception to Year 3 to practise their reading skills with you at home. They directly link to the skills they have been learning during their daily Read Write Inc sessions. You should be able to just click on the hyperlinks within the document and be taken straight to a video clip. Please set aside 10 minutes to watch films with your child each week, find a quiet space for your child to watch the film on a laptop, phone or tablet and praise your child as they join in with the lesson. Please see the diary dates for the upcoming parent information sessions where you can find out more information about Read Write Inc.

UPCOMING EVENTS

Monday 10th February – KS1 Cross-country

Tuesday 11th February – Football vs Fowey @ Pondhu

Wednesday 12th February – Parent and toddler group

Friday 14th February – SCD Parent support group

Friday 14th February – Cake sale after school

Friday 14th February – Start of half term - finish at normal time

Monday 24th February – Back to school

Have a lovely weekend!

Mrs Rachel Clift