



THE CORNWALL CARERS SERVICE ADVICE LINE

The Carers Service is a resource for every unpaid carer in Cornwall, no matter what age they are. All of our resources are totally free. We are run by a partnership of five community organisations: Cornwall Rural Community Charity, Disability Cornwall, Age UK Cornwall, Promas, Barnardo's. (Cornwall Council sets our guidelines and funds us.)

Most carers come to us through our Advice Line, which is operated by Disability Cornwall. This operates from Monday to Friday (Mon, Weds, Fri, 9-5; Tues and Thurs, 9 to 7) and the number is 01736 756655. You can call us with any questions or issue which is affecting you as a carer. Our advisers all have experience of caring for other people and would be happy to chat to you on an informal basis, no matter how large or small the issue is. The service is designed to encourage carers to stay in touch with us and contact us as and when they have a need to, so there's no limit on how many times you can contact us.

What can we help with? Hopefully, anything which you bring to us. We provide information, advice and support on any matters which affect carers. This can range from information regarding benefits and financial well-being to signposting carers to other services, such as carers groups which are run by and for other carers. If we don't know the answers, we will go away and try to find it or point you in the direction of other services which can help. We encourage carers to go on our database so that our advisers can build up a picture of their circumstances, which helps when we speak to them again. One part of the database is specifically called the Carer's Register. This feeds back anonymous information to Cornwall Council and is also linked to a short email bulletin of general advice for carers which is distributed once a week on a Friday. You can opt in or out of this part of the database.

The website is <https://www.cornwallcarers.org.uk/> where you can find further information. There is a Live Chat facility on the website if you would like to ask a question to an adviser during office hours.

Advice Line

01736 756655

Monday 0900 - 1700

Tuesday 0900 - 1900

Wednesday 0900 - 1700

Thursday 0900 - 1900

Friday 0900 - 1700



YOUNG CARERS ACTION DAY 2023

We will send you more details about this special Action day soon. Keep an eye on your inbox!

SAVE THE DATE!

YCAD 2023

will be on

15 March

**CARERS
TRUST**

